



EVERY CHILD CAN ACHIEVE

Luddenham News

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Starlight Express

Over the last two Thursdays Year 5 have been on a school trip to go and see the musical Starlight Express in London, as part of our music topic on musical theatre.

The show was amazing with the performers singing and dancing all whilst on roller skates. It tells the story of a number of trains racing each other to see who was the fastest and the action that happens along the way. The children had a great time and came away singing the songs and asking if we could go again next week.

It was a pleasure to take them all to London and their behaviour was outstanding. Year 5 you showed how brilliant children at our school are and we are very proud of all of you.



Opal Donations

The Play Team are looking for the following items please for playtimes. Please donate either in car queue or at the drop box by the main blue gates.

Suitcases

Prams

Foam mats

Yoga balls

Any sort of bug houses



Superstar Corner

Let us celebrate together your achievements outside of school this past week. Don't forget to send in your photos.



LION OF THE WEEK
You were immense at the back on Tuesday, you defended with real strength and confidence, held the position & made some important tackles and put your body on the line when the team needed it most. A proper solid performance and a leader at the back.

Well done!

Our swimming coach has said, 'You have lovely children who are a pleasure to teach.'



Congratulations on completing your first ballet and tap exams last month and on receiving your certificate & trophies.

Well done!

Reminder - Rangers Day

Next Friday (6th February) is our next Ranger's Day once again and to make sure your child is dressed appropriately, please see below the activities they will be doing:

Year R: Forest School - The children will be learning outside for half of the day (please wear warm outside clothing that is allowed to get wet/muddy and wellies!)

Year 1: Comic Art and Map-Making – Children will be learning some comic art style map making, with a professional artist. (Wear non-uniform)

Year 2: Multi-Cultural Activities – Year 2 will be doing a selection of teacher led multi-cultural activities for the day. (Wear non-uniform).

Year 3: Forest School - The children will be learning outside for half of the day (please wear warm outside clothing that is allowed to get wet/muddy and wellies!)

Year 4: Outdoor Learning - The children will be doing a range of activities outside at Creed (please wear suitable warm/waterproof outside clothing and wear old trainers, bring a packed lunch and plenty of water). Separate letter already sent.

Year 5: Team Games - The children will be working with the coach from Team-Theme on a variety of team building activities, learning some new sports and will probably be outside for some of the day. (Please wear warm sports clothes and have a coat).

Year 6: (Safety Skills) - The children will be learning aspects of first aid and general personal safety through a range of practical sessions in the morning. (Wear non-uniform).

🎬🎁 THE LSFA MOVIE NIGHTS ARE BACK! 🎁🎬

Let the children enjoy a cosy after-school movie night with their friends while helping us raise funds for our school!

🎠 This year's films:

Reception & KS1 – Tuesday 10th February -SpongeBob Movie: Sponge Out of Water 🍌🌟

KS2 –Wednesday 11th February - A Minecraft Movie 🛠️🎮

🎁 Popcorn, snacks & a drink £4 per child – payable via Gateway

🕒 5pm car-queue pick-up

🛋️ Children are welcome to bring blankets to keep cosy!

Funds raised will help with the cost of class trips! £300 per class is contributed by LSFA each year ❤️

Thank you, as always, for supporting LSFA fundraising 🧡🎬

Disco Party Bingo – A Fantastic Night! 🇬🇧

We're delighted to share that our recent **Disco Party Bingo** evening raised an amazing **£791.17** 🧑🎤

The night was thoroughly enjoyed by everyone who came along, with plenty of laughs, great music, and lots of bingo fun all round. 🎵😊 The funds raised will go directly towards **OPAL Play**, helping us continue to provide creative, engaging resources that make breaktimes and lunchtimes even more enjoyable for the children.

A huge thank you to the brilliant team at **Disco Party Bingo** for hosting such a fantastic event and supporting our school.

If you enjoyed the evening and would like to find out more about their future events, please visit their website to see upcoming dates. You can also give them a follow on Facebook, where you'll find videos from our **Disco Party Bingo night** and highlights from other events.

👉 **Website:** discopartybingo.com

👉 **Facebook:** facebook.com/discopartybingo

Thank you, as always, to everyone who supported the event and the LSFA 🙌



Monday 2 nd February	Children's Mental Health Week
Wednesday 4 th February	Y6 School Trip – Harry Potter Studios Group 1
Friday 6 th February	Rangers Day
Monday 9 th February	YR Share the Learning 2:45 pm
Tuesday 10 th February	Y6 Share the Learning 2:45 pm YR, Y1 & Y2 LSFA Movie Night
Wednesday 11 th February	Y6 School Trip – Harry Potter Studios Group 2 Safer Internet Day Y2 Share the Learning 2:45pm YR, Y1 & Y2 LSFA Movie Night
Friday 13 th February	END OF TERM
Monday 23 rd February	START OF TERM
Wednesday 4 th March	Parents Evening Scholastic Book Fair
Thursday 5 th March	World Book Day Parents Evening Scholastic Book Fair
Friday 6 th March	Y1 School Trip – The Gulbenkian Theatre
Friday 13 th March	Red Nose Day
Monday 16 th March	LSFA Break the Rules Day
Friday 20 th March	World Down Syndrome Day – Awareness (21/3/26)
Monday 23 rd March	Share the Learning Y3 2:45pm
Wednesday 25 th March	iRock Concert 9:15am
Friday 27 th March	Rangers Day 4 Y6 Wembley Trip
Monday 30 th	LSFA Egg Hunt Y4 Share the Learning 2:45pm
Wednesday 1 st April	Y5 Share the Learning 2:45pm
Thursday 2 nd April	Y3 & Y4 Easter Performance END OF TERM





North East London
NHS Foundation Trust



Online Support
and Intervention
for Child Anxiety



OSI COULD HELP YOU

OSI (Online Support and Intervention) is an online platform designed to help parents to learn tools and techniques to help their child (aged 5 to 12 years old) to overcome difficulties with anxiety.

Parents work through weekly online modules that contain videos, quizzes, and interactive worksheets. Parents are also supported by a weekly telephone/videocall appointment with a practitioner.

You can access OSI at a convenient time for you using any electronic device!



HOW TO ACCESS OSI

If your child attends one of our schools and you feel OSI would be helpful for you and your child, please scan the QR code which will take you to our website and the OSI self-referral form.

Alternatively, if you would like to discuss this further with someone or would like to consider alternative support, please speak with the Senior Mental Health Lead in your child's school.



We are kind.



We are respectful.



We work together with our communities.



North East London
NHS Foundation Trust



Kent Emotional Wellbeing Teams
Medway Emotional Support Teams

Online Parent Groups

Supporting your child with their emotional wellbeing

For parents of children at primary school

Supporting Your Child with Fears & Worries

Are your child's worries and fears starting to impact their day to day life? This course will provide you with an understanding of how fears and worries develop in children, as well as **evidence-based strategies** and guidance to support your child with overcoming their fears and worries. This online group runs for **6 weeks** and are run regularly throughout the year.

Understanding Your Child's Behaviour

Are you currently experiencing difficulties with your child's behaviour? This course will provide you with evidence-based strategies to promote a **positive relationship** with your child, supporting them with their emotion regulation and addressing any concerning behaviours. This online group runs for **7 weeks** and are run regularly throughout the year.

If you would like to attend one of our groups, email

ewtandestenquiries@nelft.nhs.uk



www.nelft.nhs.uk