



EVERY CHILD CAN ACHIEVE

Luddenham News

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Term 1 – Issue 2 18.09.26

We're now in full swing!

Hopefully with a full week all done, you're now getting there with the routines and new timetables. The children continue to settle in well and I am sure you are keen and eager to know how their day has been and what they have been up to.

I can imagine the conversation, 'How was your day?' Or 'How was school?' and you get responses like, 'Fine', 'alright', a shrug of the shoulders or sometimes nothing!

Children, just like us may not want to relive every part of their day. They may need time to unwind or perhaps a different question.



Last year, I proposed you look out for glimmers each day. (A glimmer is a small moment that made you feel happy, calm or safe.) So, this could be one of your questions... What glimmer did you have today?

This focuses the child on something positive from their day and doesn't feel like they need to remember all of it.

Or you could try one of the following:

- What made you laugh today?
- What made you smile today?
- Who did you sit with at lunch?
- Who did you see at break/ play time?

Or I propose you wait to ask the question until later. When you collect in car queue, try... Hello... lovely to see you. This allows the child time to focus on getting in the car and sorting out their belongings and makes that first moment positive and warm.

If your children are anything like mine over the years, most information either comes out during a meal at the dinner table or just as your tucking them up into bed. Now, for some this may be a delaying tactic before bed or avoid eating something or for most it's a time when they've processed their day and are ready and comfortable to share because us adults are less busy!

I also ask that, if they share anything that worries them, you share this with your child's class teacher as soon as possible, even if it's about another child. Often children only have part of the moment or information and without the full context it may seem bigger than it actually is, it may not. By going directly to the class teacher, they can either fill in the blanks and put your mind at rest or investigate and resolve and be best placed to ensure these things don't repeat themselves.

We are a committed team here at Luddenham who work together to make sure your child feels happy and safe and is able to share those little glimmers of their day. As adults we can often indulge the 15 minutes of our day that didn't quite go as planned, now imagine what a child who is still developing a way to manage their emotions can do. By going directly to the trusted adult in school, you are modelling for them, what they should do when they are here if they have a problem or worry and we can model how we can help get it sorted because that's what we want to do. Yes, that moment could have really upset them so let's get it sorted together as quickly as possible.

HARSH TRUTH GROWTHBYVISUALS

You didn't have a bad day



You had a bad 15 minutes



And decided to indulge in it



Helping your child remember their things!

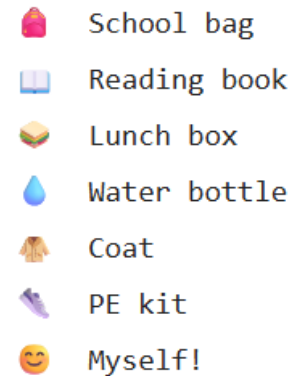
Do you have a child who often forgets their things or struggles to find them? Here are some top tips to help make getting ready for school and coming home as smooth as possible.

1. Create a getting ready checklist

Do you constantly ask them to brush their teeth? Get their shoes on or something else, then encourage them to get themselves sorted by providing a checklist either with words or pictures.

2. Give everything a home

We work hard on this in school. We have so much here and so many people here; that's why we give them a coat peg, a box to put their water bottle in or a trolley to put their lunch box. It helps with finding it later and gets them into the habit of sorting their own things out.



3. Get things ready the night before

Mornings can be a rush, especially when you may have over slept or not had the best night's sleep. By having clothes and shoes ready as well as bags. It about getting up, following that checklist and getting out of the door on time and can avoid those emotions bubbling because you're now running late.

4. Build responsibility gradually

Our job here is getting them ready for secondary school. A place where they have to organise themselves far more. Think about moving to phrases like, 'What do you need tomorrow? Or have you checked your list, instead of, don't forget your book!

5. Let them make the mistake

If it's not essential, let them forget it. They are more likely to remember it next time. Consider when this might be best placed and always with support and understanding.

6. Praise the effort

Something we're very passionate about here at Luddenham, is Give your best!

If your child uses the checklist or remembers what to do, don't forget to praise them. This will reinforce the good habits you want them to have.

For some children organisation can be really tricky. By giving them structure and routines, you not only help with their memory, but develop that independence over time.



By becoming more responsible for their own things, they are more likely to look after them and care for them.

These new systems also take time so don't be surprised if it takes a few weeks to get established. It takes us that long at school. Consistency and perseverance (grit) is key!

Superstar Corner



Let us celebrate together your achievements outside of school this past week. Don't forget to send in your photos.



Well done on participating in the community litter pick in Teynham, you did a great job helping to tidy up the village.



Congratulations on receiving a grading at Brazilian Jui Jitsu, achieving two stripes on your belt for excellent effort.



Congratulations on receiving a higher belt grading at Brazilian Jui Jitsu.

Car Queue reminders

- Please be careful when driving down the lane. I have had reports of cars being hit and people not stopping/ letting us know it's happened. I'm sure if it happens to you, you'd like a chance to resolve.
- Remember to try and use the layby the do up belts rather than getting out of the car.
- We can see for many it's running better as we get into our routine. Let's keep going because when it right correctly, we should be finished by 4pm.

Meet the Teacher

It's been fabulous seeing so many of you for the meet the teacher. It was a chance to find out how your child's class works and put a face to name. If you feel you need to ask your child's class teacher anything more then please contact using the class email addresses I sent last week.

Mr Boorman's fundraising



Please see below a message from Mr Boorman. There is no expectation for you to donate, but if you'd like to, then please follow the link or QR Code below.

Dear Parents and Carers,

I hope you and your families have had a lovely start to the new academic year.

I wanted to take a moment to share a little about a personal challenge I'm taking on this year. As many of you may know, I've always had a real passion for sport and running, and next year I'm incredibly excited to be taking on the London Marathon 2027 in aid of Hearing Dogs for Deaf People.

With the 2026/2027 academic year now officially underway, my marathon training block is just around the corner! Alongside another busy year of teaching, I'm looking forward to having a clear goal to work towards outside of school.

For me, this challenge is about much more than simply running 26.2 miles. I'm a huge believer in the positive impact that sport and physical activity can have on our mental wellbeing. Running has always given me an opportunity to clear my head, challenge myself and feel good, even after a difficult or tiring day.

I see this marathon as a fantastic opportunity to prove not only to myself, but to the Luddenham community, just how powerful physical activity can be for our mental wellbeing. I'm sure there will be plenty of cold, dark mornings, tired legs and moments when getting out for a run feels like an absolute chore! But hopefully this journey will demonstrate that pushing yourself physically can have such a positive impact mentally.

Of course, there is another very important reason behind the challenge, which is raising as much money as possible for Hearing Dogs for Deaf People. The charity does incredible work training dogs to help deaf people stay safe and feel more connected and independent in their everyday lives.

I'm incredibly grateful to everyone who has supported my fundraising so far. Every donation, no matter how big or small, means a huge amount to me and helps give those difficult training runs a real sense of purpose!

If you would like to find out a little more about my challenge, follow my marathon journey, or make a donation, you can visit my fundraising page here:

<https://events.hearingdogs.org.uk/fundraisers/MartyBoorman>

Thank you so much for taking the time to read this and, most importantly, for supporting me in what is going to be a very exciting and challenging year!

Here's to plenty of miles, plenty of early mornings and hopefully crossing that finish line in London with a huge smile!

Best wishes,

Mr. Boorman (Mr. B)

Monday 21st September

Tuesday 22nd September

Monday 28th September

Thursday 1st October

Friday 2nd October

Monday 5th October

Tuesday 6th October

Wednesday 14th October

Thursday 15th October

Friday 16th October

Monday 19th October

Tuesday 20th October

Wednesday 21st October

Friday 23rd October

Year 6 Meet the Teacher 2.45pm

Year 4 Meet the Teacher 2.45pm

Speak out Stay Safe NSPCC Workshop for
Yr2, 5 and 6

Whole School Flu Vaccinations

Individual School Photos – Younger siblings
in hall from 8.30am

Year 5 digital leaders group – invitation
only

Year 6 Wembley Game (England vs
Czechia)

Year 1 & 2 Harvest performance to Year 1
parents 9.15am

Year 1 & 2 Harvest performance to Year 2
parents 9.15am

Kent Test results (Year 6)

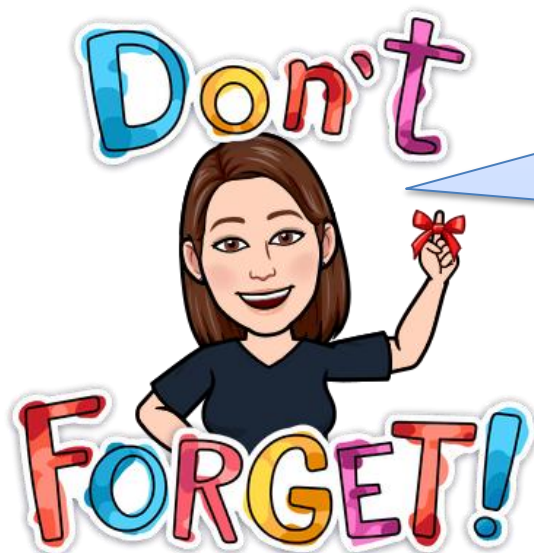
Ranger's Day 1

Year R Share the Learning 2.45pm

Year 2 Share the Learning 2.45pm

Year 6 Share the Learning 2.45pm

End of Term



We have SO many items of clothing in the lost property box already. With no names! Please, please, please write your child's name in everything. A couple of minutes of doing this can save not only time for your child and adults here, but also save money replacing them!

An exhibition not to be missed

WWW.OPENFAVERSHAM.INFO



From the Source of the Westbrook to the Sea

Wednesday 16th to Saturday 19th September

9am to 5pm each day and until 8.30 pm on Thursday

In St Mary of Charity, free entry

An exhibition celebrating the contemporary, cultural, built, industrial and natural heritage of our waterway.

